

My name is: _____

I am diagnosed with autism and could be misunderstood, if there is ever an encounter with law enforcement or other emergency responders.

I may have difficulty visiting new places or people, I'm writing you today to introduce myself and explain that I may not know what to do in a stressful situation.

In addition to some of the characteristics I've marked on the right side of this page, here are some things I'd like you to know:

Should I ever become lost, please search nearby water, busy streets, train tracks and, in addition, here are some of my favorite places:

I have certain likes/dislikes that may affect interactions with emergency responders. To keep me safe, please:

Other:

If I ever become lost, you can reach me at _____ at _____

Or: _____ at _____

I may be attaching other helpful information. Should you have any questions, please call the number listed above. Thank you for all the work you do to protect the lives of people with autism.

Sincerely,



Name: _____ Age: _____

Address: _____

Meds or Allergies: _____

Emergency Contact: _____

Phone: _____



I May:

- Not speak
- Appear as if I am not listening
- Avoid eye contact
- Not respond to my name, directions, instructions or gestures
- Rock, pace, spin, flap my hands, or repeat phrases or words
- Cover my ears when sounds bother me
- Not like when a person touches me
- Be scared or attracted to things I like, such as flashing lights, sirens, K-9s
- Not answer questions
- Take time to answer questions or respond to commands
- Run away or hide
- Not be dressed for the weather

? General Tips

- If there is no imminent danger, give me time and space
- Maintain a calm and relaxed demeanor
- Look for my medical ID and contact caregiver immediately
- Speak in a typical tone of voice using simple instructions
- Use first/then approach: "First, we are going to sit in the car, then we'll see your Mom."
- Avoid close-ended questions