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FOR IMMEDIATE RELEASE

Trinitas Hospital Spreads Word about Federal Health Care Initiative

Hosts Visit of Director of CDC and others at Elizabeth High School

Elizabeth, New Jersey As the Medicare Bus Tour for the *Healthier US Starts Here* initiative made a stop recently at Elizabeth High School, the largest high school in the nation, the emphasis was on preventive health care and living healthier and more active lives. Spearheaded by the Centers for Disease Control and Prevention (CDC) and the Centers for Medicare & Medicaid Services (CMS), the bus tour is a national initiative to raise awareness about the importance of prevention. Trinitas Hospital in partnership with the Gateway Regional Chamber of Commerce and the Elizabeth Board of Education organized the Medicare Bus Tour stop in Elizabeth. Other sponsors of the event included Bank of America, Horizon Blue Cross/Blue Shield, Merck, and Schering Plough.

The high school opened its doors to Julie L. Gerberding, MD, Director of the Centers for Disease Control and Prevention (CDC), Dr. Charlotte Yeh, Regional Administrator, Centers for Medicare and Medicaid Services, Joetta Clark-Diggs, Four-Time US Olympic Track and Field Competitor, Chuck Mound, CEO of Chuck Mound Performance Training, Lee Rouson, former New York Giant and two-time Super Bowl Champion, and Pablo Munoz, Superintendent, Elizabeth Public Schools. The United Way, John Hancock Life Insurance Co., the American Cancer Society and other local hospitals shared valuable health care information with students of the high school as well as members of the local community.

Participating organizations distributed information about health care concerns and issues in the school auditorium that was transformed into an exposition space. Trinitas Hospital conducted a variety of health screenings, offered information on nutrition and dietary

concerns, provided information on sleep disorders and cancer, and even had a station where nutrition experts created healthy and nutritious snacks and smoothies, complete with delicious samples. “We’re well-known locally, regionally and statewide as a community health resource, so we’re extremely proud that we could step into the national spotlight to support this truly important health initiative,” notes Nancy DiLiegro, PhD, FACHE, Director of Clinical Services at the Hospital.



Photo Caption

Dignitaries were photographed outside of Elizabeth High School following their visit to the School as part of the Medicare Bus Tour for the *Healthier US Starts Here* initiative.

From left are: Gary S. Horan, FACHE, President & CEO, Trinitas Hospital; Joetta Clark-Diggs, Four-Time US Olympic Track and Field Competitor; Dr. Charlotte Yeh, Regional Administrator, Centers for Medicare and Medicaid Services; Julie L. Gerberding, MD, Director of the Centers for Disease Control and Prevention (CDC); Chuck Mound, CEO of Chuck Mound Performance Training; Pablo Munoz, Superintendent, Elizabeth Public Schools; James Coyle, President, Gateway Regional Chamber of Commerce, and Nancy DiLiegro, PhD, FACHE, Director of Clinical Services at Trinitas Hospital.

About Trinitas Hospital

Trinitas Hospital is a full service healthcare facility and a Catholic teaching hospital

sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation, serving those who live and work in Eastern and Central Union County. It is the result of the merger of Elizabeth General Medical Center and St. Elizabeth Hospital in January, 2000. Operating on two major campuses, Trinitas Hospital offers 531 beds, including a 120-bed extended care center, and a comprehensive cancer center. Trinitas Hospital provides comprehensive medical/surgical services, adult and child/adolescent psychiatric care, a bloodless medicine/surgery program, cardiac care, diabetes management, emergency services, inpatient pediatric care, maternal/child health services including a high-risk newborn nursery, renal services, senior services, a sleep disorders center, and a wound healing center. For further information about Trinitas Hospital, visit the hospital's website, www.TrinitasHospital.org