

News Release

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Best-Selling Author and Cancer Survivor

Shares Story of Personal Growth

Part of Cancer Survivors Week Observance

Elizabeth, New Jersey Beverly Kirkhart, author of *My Healing Companion* and *Chicken Soup for the Surviving Soul*, will give an inspirational address at Trinitas Hospital on **Tuesday, June 5, 2007**, 5:30 pm - 7:00 pm, Physicians Conference Room, 210 Williamson Street, Elizabeth. Ms. Kirkhart's appearance at Trinitas, which is being sponsored by Roche Pharmaceuticals, includes light refreshments.

Ms. Kirkhart's talk, "Healing the Soul During and After Cancer: An Inspirational Talk," will share her personal insights into dealing with the disease. She will also offer tools to help others realize the inward and outward beauty of cancer patients during a time when their individual self-esteem needs support and validation. She will also embrace and celebrate the uniqueness of each individual and their caregivers.

"We are privileged to host Ms. Kirkhart as she shares her inspiring message of hope and strength during the hospital's observance of Cancer Survivors Week," notes Nancy DiLiegro, PhD, FACHE, Director, Clinical Services. Dr. DiLiegro explains that Ms. Kirkhart will open the floor to discussion and also sign copies of her book, *My Healing Companion*. **Call (908) 994 - 5138 to reserve a place to attend.** Registration will begin at 4:30 followed by a light meal.

"Ms. Kirkhart's presentation will be a pivotal moment in our celebration of those who face the challenges of cancer," notes Amparo Aguirre, Outreach Coordinator, Cancer Program, who adds, "We are grateful to Roche for sponsoring this event." According to Aguirre, Trinitas Hospital offers numerous programs that focus on cancer. These include seminars held throughout the year on specific cancers, support groups for cancer patients and their caregivers, and innovative programs such as the "Made for Me Boutique" that offers wigs for those undergoing chemotherapy, and "Look Good, Feel Better" personal beauty workshops that help to contribute to a higher level of self-confidence among those battling cancer. To learn more about any of these programs, call (908) 994 - 8244.

About Trinitas Hospital

Trinitas Hospital is a full service healthcare facility and a Catholic teaching hospital sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation, serving those who live and work in Eastern and Central Union County. It is the result of the merger of Elizabeth General Medical Center and St. Elizabeth Hospital in January, 2000. Operating

on two major campuses, Trinitas Hospital offers 531 beds, including a 120-bed extended care center, and a comprehensive cancer center. Trinitas Hospital provides comprehensive medical/surgical services, adult and child/adolescent psychiatric care, a bloodless medicine/surgery program, cardiac care, diabetes management, emergency services, inpatient pediatric care, maternal/child health services including a high-risk newborn nursery, renal services, senior services, a sleep disorders center, and a wound healing center. For further information about Trinitas Hospital, visit the hospital's website, www.TrinitasHospital.org